

May is Better Speech and Hearing Month!

Did you know that....?

*research in voice disorders identifies teachers as “at risk” for vocal disorders?
more teachers seek voice therapy than any other profession?
vocal abuse and misuse can lead to excessive sick leave and permanent vocal damage?
voice disorders can be prevented? Please see other side for voice-saving tips.*

Symptoms of a voice disorder may include any of the following:

- *Hoarseness
- *Breathiness
- *Vocal fatigue
- *Reduced pitch range
- *Voice cuts off for no reason
- *Strained vocal quality
- *Change in pitch of voice
- *Loss of volume control
- *Vocal tremor
- *Pain and other physical sensations
- *Chronic throat clearing or coughing
- *Recurring loss of voice

May is Better Speech and Hearing Month!

Did you know that....?

*research in voice disorders identifies teachers as “at risk” for vocal disorders?
more teachers seek voice therapy than any other profession?
vocal abuse and misuse can lead to excessive sick leave and permanent vocal damage?
voice disorders can be prevented? Please see other side for voice-saving tips.*

Symptoms of a voice disorder may include any of the following:

- *Hoarseness
- *Breathiness
- *Vocal fatigue
- *Reduced pitch range
- *Voice cuts off for no reason
- *Strained vocal quality
- *Change in pitch of voice
- *Loss of volume control
- *Vocal tremor
- *Pain and other physical sensations
- *Chronic throat clearing or coughing
- *Recurring loss of voice

May is Better Speech and Hearing Month!

Did you know that....?

*research in voice disorders identifies teachers as “at risk” for vocal disorders?
more teachers seek voice therapy than any other profession?
vocal abuse and misuse can lead to excessive sick leave and permanent vocal damage?
voice disorders can be prevented? Please see other side for voice-saving tips.*

Symptoms of a voice disorder may include any of the following:

- *Hoarseness
- *Breathiness
- *Vocal fatigue
- *Reduced pitch range
- *Voice cuts off for no reason
- *Strained vocal quality
- *Change in pitch of voice
- *Loss of volume control
- *Vocal tremor
- *Pain and other physical sensations
- *Chronic throat clearing or coughing
- *Recurring loss of voice